



## **Rules and Info**

### **Ball Size:** 3

**Players:** 6 (sometimes 7) per team- 3v3 on field. No goalkeepers. Each child on a team will receive an equal amount of playing time during each game. A player should not play the entire game unless there are only 3 players present.

**Fouls:** Coaches will officiate all games. All fouls result in a free kick with the opponent at least five yards away. All free kicks are indirect (meaning another player must touch the ball after it is kicked before a goal can be scored). If a player is consistently fouling or being dangerous the coach needs to remove the player from the game and explain why their behavior is not acceptable.

**Duration of Games:** Games consist for four 8 minute quarters with two minute breaks between quarters and a five minute half time. Clock runs continuously during each quarter without stopping. Designate a parent to be the time keeper, they can also let you know the four minute mark for substitutions each quarter as well.

**Substitutions:** Substitutions can be made on any dead ball, but it is highly recommended that subs be made at the four minute mark of each quarter. If all six team members are in attendance simply switch squads. If you have seven kids, assign a kid to be a "rover" each game, meaning that child plays from the 2 minute until the 6 minute mark of each quarter (this way the kid they come in for only misses 2 minutes of playing time for the whole game). Make sure they are subbing for a different kid each time they enter the game.

**Throw-ins:** The ball is placed on the sideline nearest the point where it went out of bounds. The opposing team should be at least five yards away from the thrower. Encourage throwers to keep both feet on the ground and use two hands to bring the ball directly over their head. There is no penalty for incorrect throw, simply offer positive reinforcement for a correct one.

**Goal Kicks:** a goal kick is awarded when the ball is last touched over the end line by an offensive player. The kick is taken from the goal line and the opposing team should be on the other side of the center line.

**Corner Kicks:** A corner kick is awarded when the defending team last touches the ball before it goes out of bounds over the goal line. Opposing players should be at least five yards away on a corner kick.

**Kick offs:** Will be taken from the center circle at the start of each quarter and after a goal is scored. The opposing team should be at least ten yards away from the center line.