

BENTONVILLE POLICE



WOMEN'S SELF DEFENSE COURSE

Instructions:

Fill this form out completely and email or deliver to the Bentonville Police Department

This course is offered free of charge

Email or deliver to:

Bentonville Police Department
908 SE 14th Street

Bentonville, AR 72712

bentonvilleWSD@bentonville.arkansas.gov

An asterick () denotates required information. Please type or print legibly.*

*FIRST NAME	_____	*MI	_____
*LAST NAME	_____		
*ADDRESS	_____		
*CITY	_____	*STATE	_____
		*ZIP	_____
EMAIL ADDRESS	_____		
*DATE OF BIRTH	_____		
OCCUPATION	_____		
PLACE OF EMPLOYMENT	_____		
*PHONE NUMBER	_____		
	<i>Emergency Contact Information</i>		
*NAME	_____		
*PHONE NUMBER (cell)	_____		
*RELATIONSHIP	_____		

.....**Important Class Information**.....

- Registration is required. You will receive an email confirming attendance.
- The course is designed to provide attendees with information, tactics and options which we believe may be useful for various types of crimes perpetrated against women; this is not a martial arts course.
- Applicants must be female and at least 14 years of age.
- The course consists of three, 3-hour, evening classes in the Community Room at the Bentonville Police Department.
- The course includes hands-on physical training exercises. Wear comfortable clothes suitable for physical activity, such as gym or workout attire.
- Additional information will follow by email upon approval of the application.